

Administering Injections

Objective:

Youth will learn the two main types of injection techniques.

- **Demonstrate both methods of injection – intramuscular (IM) and subcutaneous (SubQ.)**
- **Have youth give an IM injection into a banana with colored water. Slice banana at the site of injection to observe placement.**
- **Have youth give a SubQ injection into a banana with colored water. Slice banana at the site of injection to observe placement.**
- **Practice again until time or fruit runs out (optional).**

Reflect:

What does intramuscular mean? What does subcutaneous mean?

Which injection was easier to give? Why?

Would it be harder to give the injection in the right place on an animal than the fruit? Why?

Why is it important to give the right type of injection?